

Brain Fitness for Life

Adult Wellness Program

Establish your baseline



Complete baseline testing and get set up with **BRAIN JOGGING**, our patented brain building software.

Engage in memory exercises



Attend weekly memory enhancing classes and learn the secrets of remembering.

Experience the benefits



Measure your progress at the end of the course. Choose to enter next level 8-week memory building course.







Sign up for our 12-week program

TOTAL COST IS A VALUE OF 40% OFF THE COST OF INDIVIDUAL SESSIONS!

Call or email for details!

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